



Zuni Community Trails

Physical Activity Prescription



These six walking, running, biking trails were created to promote fitness and physical activity for Zuni community members. Use them to get fit and improve your health!

Recommendation: Walk Jog Run Bike this trail ____ times per week.

Wagon Trail

Distance: 2 miles

Trailhead: Zuni Wellness Center

Terrain: Easy

K'yawaina Trail

Distance: 5 miles

Trailhead: Black Rock Dam

Terrain: Easy

Wolf Trail

Distance: 6 miles

Trailhead: North Sandy Springs

Terrain: Moderate

Badger Trail

Distance: 2.5 miles

Trailhead: Silt Road, Lasiloo Sub.

Terrain: Moderate

Bear Trail

Distance: 5 miles

Trailhead: Near Zuni Head Start

Terrain: Moderate

Tsawanikya Trail

Distance: 8 miles

Trailhead: Near Zuni Head Start

Terrain: Hard

Special Instructions: _____

Signed: _____





Zuni Community Trails Maps

